



ABHRS Board Review Course

Wednesday, October 14, 2026

9:00 AM – 3:30 PM

(coffee starting at 8:30 AM)

Chair: Mayank Singh, MBBS, MS, MCh | India

Co-Chair: Garsing Wong, MBChB, FISHRS | New Zealand

8:30AM–9:00AM 30' **Coffee**

Students will sit at assigned tables with faculty as follows:

Table 1: Radha Rani Palakurthi, MBBS | India

Table 2: Bessam Farjo, MBChB, FISHRS | United Kingdom

Table 3: Georgios Zontos, MD, MSc, PhD, FISHRS | Greece

Table 4: Gorana Kuka Epstein, MD, FISHRS | Serbia

Table 5: Waris Anwar, MD, FISHRS | Pakistan

Table 6: Luis A. Nader, MD, FISHRS | Mexico

SESSION 1: WELCOME & SHORT PRESENTATIONS

Total 60' - including 15' discussion

9:00AM–9:03AM	3'	Welcome and Introduction Chair: Mayank Singh, MBBS, MS, MCh India Co-Chair: Garsing Wong MBChB, FISHRS New Zealand
9:03AM – 9:10AM	7'	Differential Diagnosis of MPHL Georgios Zontos, MD, MSc, PhD, FISHRS Greece
9:10AM – 9:13AM	3'	Discussion
9:13AM – 9:20AM	7'	Local Anesthetic and Nerve Blocks / Local Anesthetic Toxicity Garsing Wong MBChB, FISHRS New Zealand
9:20AM – 9:23AM	3'	Discussion
9:23AM – 9:30AM	7'	Topical and Oral Treatments Male Pattern Hair Loss – Pros and Cons Radha Rani Palakurthi, MBBS India
9:30AM – 9:33AM	3'	Discussion
9:33AM – 9:40AM	7'	Hair Transplantation in Scarring Alopecia Luis A. Nader, MD, FISHRS Mexico
9:40AM – 9:43AM	3'	Discussion
9:43AM – 9:50AM	7'	Management of Difficult Cases Bessam Farjo, MD, MBChB United Kingdom
9:50AM – 9:53AM	3'	Discussion
9:53AM – 10:00AM	7'	Complications During and Post Hair Transplantation – Management Mayank Singh, MBBS, MS, MCh India
10:00AM – 10:03AM	3'	Discussion
10:03AM – 10:18AM	15'	Coffee Break

SESSION 2: MOCK ORAL EXAM

Each student will have a turn answering an oral exam question at their table.

10:18AM – 10:25AM	7'	Mock Oral Exam Overview Waris Anwar, MD, FISHS Pakistan
10:25AM – 10:40AM	15'	Mock Oral Exam Demonstration Bessam Farjo, MBChB, FISHS United Kingdom Radha Rani Palakurthi, MBBS India
10:40AM – 10:45AM	5'	Tips and Hints for the Exam Garsing Wong MBChB, FISHS New Zealand
10:45AM – 11:00AM	15'	Mock Oral Exam Question 1
11:00AM – 11:05AM	5'	Discussion
11:05AM – 11:20AM	15'	Mock Oral Exam Question 2
11:20AM – 11:25AM	5'	Discussion
11:25AM – 11:40AM	15'	Mock Oral Exam Question 3
11:40AM – 11:45AM	5'	Discussion
11:45AM – 12:00PM	15'	Mock Oral Exam Question 4
12:00PM – 12:05PM	5'	Discussion
12:05PM – 12:20PM	15'	Mock Oral Exam Question 5
12:20PM – 12:25PM	5'	Discussion
12:25PM – 12:40PM	15'	Mock Oral Exam Question 6
12:40PM – 12:45PM	5'	Discussion
12:45PM – 12:50PM	5'	Group Photo
12:50PM – 1:25PM	35'	<i>Lunch with Faculty</i>

SESSION 3: MOCK WRITTEN EXAM

1:25PM – 1:30PM	5'	Mock Written Exam Orientation Gorana Kuka Epstein, MD, FISHRS Serbia
1:30PM – 2:15PM	45'	Mock Written Exam Gorana Kuka Epstein, MD, FISHRS Serbia Georgios Zontos, MD, MSc, PhD, FISHRS Greece
2:15PM – 2:35PM	20'	Discussion

SESSION 4: FACULTY LIVE Q&A

All students will have the opportunity to ask questions of faculty in two groups.

2:35PM – 2:55PM	20'	<u>Faculty Group 1:</u> Waris Anwar, MD, FISHRS Pakistan Luis A. Nader, MD, FISHRS Mexico Georgios Zontos, MD, FISHRS Greece
2:55PM – 3:15PM	20'	<u>Faculty Group 2:</u> Gorana Kuka Epstein, MD, FISHRS Serbia Bessam Farjo, MD, MBChB United Kingdom Radha Rani Palakurthi, MD India Garsing Wong MBChB, FISHRS New Zealand
3:15PM – 3:30PM	15'	Final Considerations

Video Lectures

(These can be found online in the ISHRS On-Demand Advanced/Board Review Course Bundle.)

- 1. Criteria for Certification**
Karl Hekimian, MD | USA
- 2. Written Exam**
Tim Carman, MD, FISHRS | USA
- 3. Oral Exam**
Vikram Jayaprakash, BM, FISHRS | Australia
- 4. Male Pattern Hair Loss**
Vikram Jayaprakash, BM, FISHRS | Australia
- 5. Female Pattern Hair Loss**
Hanieh Erdmann, MD | Germany/UAE
- 6. Scarring Alopecias**
Nicole Rogers, MD, FISHRS | USA
- 7. Consultation and Evaluation of the Patient**
Vikram Jayaprakash, BM, FISHRS | Australia
- 8. Medical Treatment – Finasteride**
Vikram Jayaprakash, BM, FISHRS | Australia
- 9. Medical Treatment – Minoxidil**
Russell Knudsen, MBBS, FISHRS | Australia
- 10. FUT Surgery**
Mayank Singh, MBBS, MS, MCh, FISHRS | India
- 11. Hairline Design – Male**
Anil K. Garg, MBBS, MS, MCh, FISHRS | India
- 12. Hairline Design – Female**
Russell Knudsen, MBBS, FISHRS | Australia
- 13. Donor Area Planning**
David S. Josephitis, DO, FISHRS | USA
- 14. FUE Harvesting**
Jennifer Krejci, MD | USA
- 15. Long Hair FUE**
Marie A. Schambach, MD, FISHRS | Guatemala
- 16. Hair Transplant into Beard and Eyebrows**
Luciana Takata, MD | Brazil
- 17. Emergency Situations**
Tim Carman, MD, FISHRS | USA
- 18. Anesthesia**
Mayank Singh, MBBS, MS, MCh | India
- 19. Complications in Hair Transplant Surgery**
Christopher M. D'Souza, MBBS, MSc, FISHRS | UK
- 20. Sharp Implantation**
Anastasios Vekris, MD | Greece
- 21. Dull Implantation**
Vikram Jayaprakash, BM, FISHRS | Australia
- 22. Robotic Hair Transplantation**
Mark A. Bishara, MD | USA
- 23. Scalp Anatomy and Hair Physiology**
Seema Garg, MBBS, MSc, FISHRS | India
- 24. Graft Preparation and Storage**
Seema Garg, MBBS, MSc, FISHRS | India
- 25. Recipient Site Preparation – Logic of Planning**
Parsa Mohebi, MD, FISHRS | USA
- 26. Ethics of Hair Transplantation**
Vikram Jayaprakash, BM, FISHRS | Australia